

## ATHLETIC LEADERSHIP MINOR

The Athletic Leadership Minor is designed to engage professional athletic leaders and coaches in serving the K-12 interscholastic athletic program needs. The minor will address the 8 domains of coaching competencies established by the National Association for Sport and Physical Education. Students participating in the minor will be eligible to test for National Federation of High Schools (NFHS)/American Sport Education Program (ASEP) Bronze Level Professional Coaching Certification.

### Required Courses:

- 3 - AL349 Principles of Coaching  
(NFHS/ASEP Bronze Level Certification Requirement, Principles of Coaching)
  - 3 - AL350 Scientific Basis of Coaching I (Physiology)
  - 3 - AL361 Administration and Organization of Athletics
  - 3 - AL362 Psychology of Coaching
  - 3 - AL353 Theory of Prevention and Treatment of Athletic Injuries  
(NFHS/ASEP Bronze Level Certification Requirement, Sport First Aid. Students are required to complete CPR&AED certification)
  - 1 - AL376 Strength and Conditioning
  - 1 - AL371-375, or AL377 These are Coaching Specific Sports courses.  
Select one coaching course from elective courses provided. (Students must complete one NFHS/ASEP Sport Coaching Course of their choice through distance learning if they wish to complete NFHS/ASEP Bronze Level Certification requirements)
  - 0 - AL400 Coaching Internship Requirement (Pass/Fail) \*  
Students must be enrolled in any other CU course concurrently to enroll in Internship.
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17 credits Total

\* Student must have CPR&AED certification prior to completing a 60 hour internship in coaching to fulfill the Athletic Leadership Minor Degree Requirement.